



## North Carolina Department of Health and Human Services

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April 26, 2006

### MEMORANDUM

TO: Legislative Oversight Committee  
Local CFAC Chairs  
NC Council of Community Programs  
County Managers  
State Facility Directors  
LME Board Chairs  
Advocacy Organizations  
MH/DD/SAS Professional and Stakeholder Organizations

Commission for MH/DD/SAS  
State CFAC  
NC Assoc. of County Commissioners  
County Board Chairs  
LME Directors  
DHHS Division Directors  
Provider Organizations

FROM: L. Allen Dobson, Jr., MD *LAD mb*  
Mike Moseley *MM/w*

SUBJECT: Enhanced Services Implementation Update #8 Person Centered Plan

Person-Centered Planning is a fundamental part of implementing North Carolina's new service array for people receiving mental health, developmental disabilities and substance abuse services.

Attached are the standardized format for the Person-Centered Plan (PCP) and Person-Centered Planning Instructions. These documents should be distributed to all providers who will be facilitating Person Centered Plan development for consumers. The attached Person-Centered Plan format will be required for all consumers receiving enhanced benefit services except for individuals receiving services through the CAP-MR/DD Waiver. Due to current waiver restrictions, this format will not replace the CAP Plan of Care at this time. LMEs and providers may begin using this Plan immediately, if they choose. The use of this standardized format will be required starting June 1<sup>st</sup>, 2006 to align with the Value Options utilization review and authorization process.

The implementation of this Person-Centered Plan and its components set the stage for influencing and supporting Person Centered Thinking and Planning for all individuals being served in the system. This Plan addresses the underlying values and principles, the essential elements of person centered planning, the required documentation elements, and indicators to provide an opportunity for each individual to experience person centered planning.

Person-Centeredness has been at the heart of North Carolina's transformational process. Person-Centered Planning promotes a paradigm shift from the philosophy to the new framework and perspective in understanding the importance of what it means to have an individual plan. A person-centered approach offers an exciting, dynamic, and fresh response to the individual's strengths and challenges. This plan implements the principle that an individual must be the driving force in the development of his/her plan. This plan allows for the articulation of a vision for health and wellness, prevention/early intervention of crises, natural and community supports, as well as individual services, supports and treatment identified within the planning process. Ultimately, it is about changing the very model by which we understand the needs of a person seeking assistance and the response of all providers.

If you have any questions concerning the use of this format or the accompanying instructions, please email [contactdmh@ncmail.net](mailto:contactdmh@ncmail.net).

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